INSWING TO RIGHT-HAND BATSMAN

IMPORTANT: Regardless of speed desired, keep dials 35

apart.



| Top Wheel Dial Setting | 65 | 70 | 80 | |
|------------------------------|------------------------------|-------------------------------|---|--|
| Bottom Wheel Dial Setting | 30 | 35 | 45 | |
| | Under 15 Approx. 92 km | Under 18 Approx. 107 km | 1st Grade or District Approx. 120 km | |

SLOW SPIN

By slowing down the overall speed and having a large speed difference between the wheels, it is possible to get off and leg spin flight through the air.

NOTE: Wheels have to be tilted back to throw the ball higher in the air.



| Top Wheel Dial Setting | 55 | 65 | |
|------------------------------|-----------|----|--|
| Bottom Wheel Dial Setting | 5 | 10 | |

HOW TO BEST USE YOUR JUGS BOWLING MACHINE

JUGS is an outstanding aid to skill development, but it is only as good as the person feeding it.

Please read this booklet carefully before you use your JUGS Bowling Machine.*

Your team will enjoy batting off JUGS more if you use the machine exactly the way we recommend it to be used.

Thank you for purchasing JUGS, the most widely used bowling and pitching machine in the world.

Also, you must read all of the Assembly and Operating Instructions, and all of the warning labels attached to your JUGS machine.

ATTENTION JUGS USER:

The following pages are designed to help you get the most out of your JUGS Bowling Machine.

We have shown a number of different dial setting combinations to illustrate the average speed of deliveries for particular age groups. The speeds you choose to operate your machine will depend on the skill level as well as the age of the user.

Remember, batting practice is beneficial only if the deliveries allow you to improve the basic mechanics of your stroke. You will not improve by trying to hit deliveries that are too fast.

If you have any questions about operating your JUGS machine, please do not hesitate to call. We look forward to helping you enjoy many years of funfilled batting and fielding practice with your JUGS Bowling Machine.

Regards,

David Went.

DAVID WENT Grad.Dip., Sports Sc. Managing Director, JUGS Australia

96A Herald Street, Cheltenham Victoria 3192, Australia Telephone: (03) 9584 1588 Fax: (03) 9584 1688 After Hours: (03) 9592 1115

FAST OR MEDIUM PACE

(Simulation of a new ball delivery)

Using the setting below the ball will tend to rise, similar to a new ball delivery.

IMPORTANT: Regardless of speed

desired, keep dials 40

apart.



| Top Wheel Dial Setting | 60 | 60 70 80 | | 90 |
|------------------------------|------------------------------|------------------------------|-----------------------------|---|
| Bottom Wheel Dial Setting | 20 | 30 | 40 | 50 |
| | Under 15 Approx. 75 km | Under 18 Approx. 91 km | Senior Approx. 107 km | 1st Grade or District Approx. 120 km |

OUTSWING TO RIGHT-HAND BATSMAN

IMPORTANT: Regardless of speed

desired, keep dials 35

apart.



| Top Wheel Dial Setting | 65 | 70 | 80 |
|------------------------------|------------------------------|-----------------------------|---|
| Bottom Wheel Dial Setting | 30 | 35 | 45 |
| | Under 18 Approx. 92 km | Senior Approx. 107 km | 1st Grade or District Approx. 120 km |